



February '10 CAPITALS

Mon	Tue	Wed	Thurs	Fri
1. Millwoods A	2. Fitness Testing <i>*Pick Up @ U of A Pavilion.</i>	3. Kinsman B	4. Character Ed.	5. Millwoods A
8. Character Ed. Fitness	9. Fitness Testing <i>*Pick Up @ U of A Pavilion.</i>	10. Millwoods A	11. Large Gym <i>*Treadmill #1 (Pick Up at Donnan School)</i>	12. Off Campus Activity <i>*Pick Up @ Vimy</i>
15. Family Day <i>*No School</i>	16. Clairview B	17. Michael Cameron	18. Large Gym <i>*Treadmill #2 (Pick Up at Donnan School)</i>	19. Off Campus Activity <i>*Pick Up @ Vimy</i>
22. Kinsman B	23. Fitness Ortona Hall <i>*Goalie Session @ Clairview A. *Treadmill #3</i>	24. Clairview B	25. Teachers Convention <i>*No School</i>	26. Teachers Convention <i>*No School</i>

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