

The THP Handbook contains:

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Academic and Athletic Development

THP Handbook

Day-to-day operation of The Hockey Program is really very simple provided you have the proper materials on and off the ice. The THP handbook will give you everything you need to know if you've been officially accepted or if you're just looking for more information.

**T h e H o c k e y
P r o g r a m**

**Donnan School
7803 87 st.
Edmonton, Alberta
T6C 3G6**

780-466-8573

**Vimy Ridge Academy
8205 90th Ave
Edmonton, Alberta
T6C 1N8**

780-465-5461

A

Our Mission Statement

Enthusiasm, Confidence, Strength, Character

These words identify the four guiding principles of The Hockey Program and are traits which are embraced by our student body and parent community. The Hockey Program focuses on the internal drive that minor hockey players have for the game and is driven by the Enthusiasm, Confidence, Strength and Character of those hockey players as they transfer into an everyday environment dedicated to long term academic and athletic development.

改善

Kaizen is a Japanese philosophy that focuses on "continuous improvement" throughout all aspects of life. The Hockey Program borrows from this philosophy as specific improvements on and off the ice are sought every single day.

The repetition of skills and the time to work on these skills is the main factor in improving confidence. The Hockey Program is about passion: passion for becoming a stronger hockey player, mirrored by the passion for strength of character .

B

Sample Timetable for Donnan and Vimy

Monday	Tuesday	Wednesday	Thursday	Friday
Academic	Academic	Academic	Academic	Academic
Academic	Academic	Academic	Academic	Academic
Academic	Academic	Academic	Academic	Academic
Lunch				
Vimy: On Ice Donnan: Donnan Arena slot 'A'	Vimy: Physical Education Donnan: French	Vimy: On Ice Donnan: Donnan Arena slot 'A'	Vimy: Character Education Donnan: French	Vimy: On Ice Donnan: Donnan Arena slot 'A'
Donnan: Donnan Arena slot 'B'	Fitness	Donnan: Donnan Arena slot 'B'	Early Dismissal (Donnan and Vimy)	Donnan: Donnan Arena slot 'B'

Donnan makes use of two ice sessions each afternoon, Vimy uses one session, with different groups at different arenas. High School students in 08/09 are on the ice Tuesday and Thursday mornings. Read on for more information regarding monthly schedules!

C

Frequently Asked Questions

How does my child get to school?

1

How does my child get to the rink?

How does my child get home?

- Parents are responsible for getting their child to school. School buses do not permit the transport of hockey bags or sticks .
- At Vimy, bags are dropped off at “The Dock” between 8:00 and 8:30, at Donnan bags are dropped off at “The Shack” between 8:00 a.m. and 8:25 a.m.
- The Hockey Program uses several different City of Edmonton Arenas. Elementary students use Donnan Arena from August until Spring Break (end of March). Afterwards Donnan’s ice schedule is much the same as Vimy’s throughout the year as they make use of rinks such as Millwoods, Michael Cameron, Clareview, Kinsmen and Kenilworth as well as others.
- Elementary student-athletes walk to Donnan Arena until Spring Break; after Spring Break they are bussed to the aforementioned rinks.
- Junior high students are bussed to the rink from Vimy all year.
- During the 2008/2009 school year, High School students are on the ice in the morning. It is the parent’s responsibility to get them to the rink. Following their ice, session they are then bussed to school.
- High School students who drive their own vehicles to or from rinks are required to fill out the appropriate EPSB (Edmonton Public School Board) authorization forms.
- Pick-up at off campus locations is the responsibility of the parents. Student-athletes in The Hockey Program are often off campus, either at a rink or other venues such as the University of Alberta for fitness testing. Car pooling has worked well for families in the past and continues to be a viable option for many groups.
- EPSB or THP staff will remain at off campus venues for one half hour after scheduled training has ended. (*Teachers or instructors will stay until 4:00 when student-athletes get off the ice at 3:30.*)

C

Frequently Asked Questions

2 What are the requirements in terms of gear and equipment?

- On ice student-athletes require the same full hockey equipment as required by Hockey Alberta. This includes neck guards and mouth guards.
- Elementary students have benefitted from using wheel bags to walk to and from Donnan Arena. Wheel bags are not permitted in Junior High and High School.
- Off the ice student-athletes are expected to be prepared for fitness classes. Shorts and T-shirts are provided at the beginning of the year.

3 How much ice time will my child get?

- Elementary: 120 hours in 08/09.
- Junior High: 130-135 hours in 08/09.
- High School: 94 hours in 08/09.



- Ice times can vary based on the booking process with the City of Edmonton.
- We have enjoyed success in the sports alternative environment and as a result have seen an increase in enrollment numbers. This allows student-athletes to work with players of similar age and progress.
- Hockey players are grouped based on various factors including, but not exclusive to: age and grade, physical and mental maturity, physical skill and group dynamic. Every student-athlete is grouped to maximize personal development.
- The Hockey Program does not tier players. Groups are created to foster an environment of confidence and leadership so that an individual is able to develop based on their own passion and drive. Groupings are the responsibility of THP professional staff.

4 Will my child be on the ice with players his or her own age?

How are the athletes grouped?

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Frequently Asked Questions

5
Is there a female group? Are students Integrated?

- There is a female group at the High School level. At the Elementary and Junior High levels, groups are co-educational.

6
Who provides programming for my child?

- On ice programming is planned and implemented by professional THP staff. The fitness curriculum is planned and implemented by professional fitness staff. Health and nutrition classes are the responsibility of EPSB staff.



7
Can my child graduate from grade 12 at Vimy?

- Absolutely. All provincial High School graduation requirements are delivered at Vimy Ridge Academy.



8
Are there any incentives in The Hockey Program?

- Yes! Monthly awards are given out in each group, including Rock Solid Performer and Student-Athlete of the Month.
- Much of our curriculum is based on athletic development, and therefore includes varied activities: wall climbing, swimming, scuba-diving, curling, court and net sports and archery.
- We have found that one of the best incentives that we have to offer is the world class staff and instruction that student-athletes receive every day. Parents never need to convince their child to go to school!

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Frequently Asked Questions

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How does payment work?

- There are three payment options. You can pay through cheque, credit card and automatic withdrawals. There is a \$500.00 deposit due upon registration that counts toward your tuition costs and is required before participation in the program. Payments can then be made in full at the start of the year, monthly or quarterly (September, December and March).

Are there refunds?

- Your \$500.00 deposit is **100% non-refundable**. Most other refunds are prorated based upon the number of days in the program versus the number of instructional days. There will be no refunds after the month of March.

10

How do I communicate with the school?

How do I know what my child is doing everyday?

- There are several easy ways to talk to us! Schedules and information regarding your child's groups are made available on our website and are e-mailed regularly. Hockey related matters such as this are the responsibility of your head THP hockey instructor. The **Head Instructor** will let you know where you need to be and what is happening on and off the ice. Academic related matters are the responsibility of your group's teacher.
- Communication is vital. The academic and athletic progression of your child is a team effort; student, parent, Head instructor, teacher and school. Your e-mail address will be requested at the beginning of the year.

D

Campus Contact Information

Donnan Campus Director: Dan Auchenberg
dan.auchenberg@epsb.ca
780-466-8573 ext. 305
Donnan School
7803 87 st.

Vimy Campus Director: Ryan Marsh
ryan.marsh@epsb.ca
780-465-5461 ext. 181
Vimy Ridge Academy
8205 90 ave.

www.thehockeyprogram.com

Staff Directory

EXECUTIVE DIRECTOR

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PROFESSIONAL STAFF

Robin Anderson - Registered Dietician
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 Lyle Mast - Goaltender Program
 Dustin Schwartz - Goaltender Program

TEACHERS

Rick Carriere
 Don Depoe
 Kim Froese
 Steve Hamilton
 Gerald Hawkes
 Jason Knight
 Krysty Lorenz
 Jason McKee
 Curtis Ogrodiuk
 Lara Ruppell
 Dustin Schwartz

For staff bios check out
 our website.

www.thehockeyprogram.com